



CLASS VII

ACADEMIC SESSION 2026 • 14 SUBJECTS

Syllabus for the 2026 session, divided into the Half-Yearly and Annual portions. The Unit Tests and the Half-Yearly Examination are taken into account at the time of promotion.

English - I

Textbook: The Rosewood Tree-7

HALF-YEARLY PORTION

No.	Lesson / Topic
1	The Little Prince — Antoine de Saint-Exupéry
2	The Happy Prince — Oscar Wilde
3	Shyness My Shield — M.K. Gandhi
8	Fire and Ice — Robert Frost
9	The Solitary Reaper — William Wordsworth
15	Change-makers

ANNUAL PORTION

No.	Lesson / Topic
4	Folk Tales of the Khasis — The Legend of the lei Tree — Mrs Rafy
5	Two Friends — Guy de Maupassant
6	Rikki-Tikki-Tavi — Rudyard Kipling
10	The Road Not Taken — Robert Frost
11	From A Railway Carriage — Robert Louis Stevenson
16	The Smart Phones We Use

English - II

Textbook: Blooming with Grammar-7

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Nouns
2	Pronouns
3	Adjectives



No.	Lesson / Topic
4	Kinds of Sentences
5	Tenses
6	Prepositions
19	Synonyms and Antonyms
23	Letter Writing
9	1 – 6

ANNUAL PORTION

No.	Lesson / Topic
7	Adverbs
8	Noun Phrase
10	Determiners
12	Modals
15	Active and Passive Voice
17	Direct and Indirect Speech
21	Idioms and Phrases
28	Essay Writing

Garó - I

Textbook: Poraiani Kitap-7

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Ku-siktangna ka-saani — L.D. Shira
2	Wangala — L.R. Marak
3	Pakmao Nikronggijagipa seani — L.M. Holbrook, Sastroni Kattarang
7	Gamgipa — Kosan G. Momin
8	Mikbua — Rev. G. K. Marak

ANNUAL PORTION

No.	Lesson / Topic
4	Minggittam Ui-e Ra-na Nanggnirang — Seming D. Sangma



No.	Lesson / Topic
5	Pandit Jawaharlal Nehru — Winnish K. Sangma
6	Balgitchak Sikar Ka-a — Mackenson Rongmuthu
9	Hai Mo Chadamberang — Rev. W. R. Marak
10	Do-kua — D. N. Sangma

Garó - II

Textbook: *A.chik Grammar- E.G. Philips*

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Bak I
2	Bak II

ANNUAL PORTION

No.	Lesson / Topic
1	Bak III
2	Bak IV

Garó - III

Textbook: *A.chik Composition- K.M. Momin*

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Aganmeapa
2	Dokbadale seani
3	Essay
4	Katajikse

ANNUAL PORTION

No.	Lesson / Topic
1	Aganmeapa
2	Dokbadale seani
3	Essay



No.	Lesson / Topic
4	Katajikse

Mathematics

Textbook: *Excel in Mathematics-7*

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Dealing with Numbers
2	Operations on Rational Numbers
3	Decimal Representation of Rational Numbers
6	Percentage and its Applications
10	Parallel Lines
11	More About Triangles
16	Surface Areas and Volume

ANNUAL PORTION

No.	Lesson / Topic
5	Direct and Inverse Variations
8	Factorisation of Algebraic Expressions
9	Linear Equations in one Variable
12	Congruent Triangles
14	Circles
18	Statistics
19	Constructions

Mathematics Tables

Textbook: *Learn Tables*

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Tables 5 - 20 — Addition
2	Tables 5 - 20 — Subtraction



No.	Lesson / Topic
3	Tables 5 - 20 — Multiplication
4	Pages 27 & 28

ANNUAL PORTION

No.	Lesson / Topic
1	Tables 5 - 20 — Addition
2	Tables 5 - 20 — Subtraction
3	Tables 5 - 20 — Multiplication
4	Pages 27 & 28

Science

Textbook: General Science-7

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Nutrition in Plants
2	Nutrition in Animals
9	Soil
3	Fibres from Animals
5	Matter and Chemical Formulae
6	Acids, Bases and Salts
4	Heat and Temperature
8	Weather, Climate and Adaptations
13	Time and Motion

ANNUAL PORTION

No.	Lesson / Topic
10	Respiration in Organism
11	Transportation and Excretion
12	Reproduction in Plants
7	Physical and Chemical Changes
17	Water - A Precious Resource



No.	Lesson / Topic
19	Wastewater Management
14	Electric Current and its Effects
15	Wind, Storm and Cyclone
16	Light - Mirrors and Lenses

Social Studies

Textbook: *Exploring Our Universe-7*

HALF-YEARLY PORTION

No.	Lesson / Topic
1	History 1
2	History 2
3	History 3
4	History 4
1	Geography 1
2	Geography 2
3	Geography 3
4	Geography 4
1	Civics 1
2	Civics 2
3	Civics 3

ANNUAL PORTION

No.	Lesson / Topic
5	History 5
6	History 6
7	History 7
8	History 8
5	Geography 5
6	Geography 6
7	Geography 7
8	Geography 8



No.	Lesson / Topic
4	Civics 4
5	Civics 5
7	Civics 7

Health Education

Textbook: *Scholar's Health Education* - 7

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Man, Community and Health
2	The Characteristics of a Good House
3	Site for a Dwelling House
4	Animals in the House and Its Surroundings
5	Household Pests and Their Eradication
6	Sanitary Arrangements in Dwelling Houses
7	Air Pollution
8	Water Pollution
9	Other Sources of Pollution
10	Constituents of Food
11	Balanced Diet, Malnutrition and Deficiency Diseases
12	1 – 11

ANNUAL PORTION

No.	Lesson / Topic
13	Public Health Institutions
14	Water Supply, Environment Sanitation and Adulteration of Food
15	Importance of Air
16	Water
17	Introduction to Communicable Diseases
18	Air-Borne Diseases
19	Water-Borne Diseases
23	Skeletal and Muscular Systems



No.	Lesson / Topic
24	Respiratory and Excretory Systems
25	Digestive, Circulatory and Nervous Systems
11	13 – 19

Computer

Textbook: All about Computers-7

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Number System
2	Formulas in Excel 2016
3	Advanced Features in Excel 2016

ANNUAL PORTION

No.	Lesson / Topic
4	Creating Charts in Excel 2016
10	Computer Malware

Hindi

Textbook: Bhasha Madhuri - 3

HALF-YEARLY PORTION

No.	Lesson / Topic
7	■■■■ ■■■■■■■■ - ■■■■ ■■■■

ANNUAL PORTION

No.	Lesson / Topic
7	■■■■ ■■■■■■■■ - ■■■■ ■■■■

Moral Science

Textbook: Gems for Life-7

HALF-YEARLY PORTION



No.	Lesson / Topic
1	Lesson 1
2	Lesson 2
3	Lesson 3
4	Lesson 4
5	Lesson 5

ANNUAL PORTION

No.	Lesson / Topic
6	Lesson 6
7	Lesson 7
8	Lesson 8
9	Lesson 9
10	Lesson 10

Catechism

Textbook: Mondolini Ithihas-7

HALF-YEARLY PORTION

No.	Lesson / Topic
1	Pages: 9 - 64

ANNUAL PORTION

No.	Lesson / Topic
1	Pages: 65 - 142